

## WEEKLY WHISPER SCRIPT

May 31, 2010

### Remember Who You Are

It's Memorial Day here in the states. It's a day that asks us to remember. Remember those who have died, remember those who have special meaning to us. As you remember others in your life, take some time to remember who you are.

I've been spending a lot of time over the past several weeks aligning with my intrinsic blueprint, remembering who I am, so to speak. It has been so enjoyable and eye-opening.

The intrinsic blueprint is the name LaRue and I give to the energy matrix we are born with that houses our life purpose, our soul's mission.

Yesterday at Starbucks I heard a customer say to the barista, "the best advice anyone can give another person is to know thyself". I smiled inwardly as I sat there surrounded by books on fingerprint analysis. I am studying the fairly new science of matching fingerprints to your life purpose. And I have to say it is pretty fascinating.

Our fingerprints are formed five months before birth. Richard Unger, founder of the International Institute of Hand Analysis, has studied, for over 40 years, the correlation of fingerprints and handprints to human experiences. He has compiled extensive data and has read over 52,000 pairs of hands. He calls this science soul psychology or life prints.

Ever since LaRue and I wrote about the Intrinsic Blueprint, I have been developing what I am calling right now a kind of inner guidance mapping system.

How well do you know yourself? Are you clear about what your values and deepest beliefs are? Do you wonder what you are here to express and do? At some point in our lives most of us begin asking these essential questions, 'Why am I here, and, what am I here to do?' Perhaps you are asking these questions now.

It is the great mystery, but you can master the mystery of who you are. You can do this first and foremost by remembering that your inner guidance system, your essential whisper, acts as a compass pointing you to express the full potential of your individualize design, your life purpose. Your life purpose is not what you are supposed to do or accomplish. Your life purpose is built in and is what you are naturally designed to be.

It is intrinsic to you. Your inner sensations of guidance are intrinsically connected to your highest purpose and way of being in the world. You have a wonderful energetic program tied to a fabulous and accurate communication system, your inner sensations.

For the past 15 or so years, I've studied Edgar Cayce writings on soul purpose, numerology, fingerprints, and assorted other technologies for assessing our life mission. Yet as helpful as all of them are they pale by comparison to your own internal communication system. As you consistently connect to your guidance system you will uncover exactly what you are here to express and be. You will as the man at Starbucks said, know yourself. Bye for now.