

WEEKLY WHISPER SCRIPT

July 12, 2010

Talking with my friend, Nancy I could really hear the lightness and gaiety in her voice, she sounded fabulous. I hadn't spoken with her in weeks since my move and it was so good hearing her voice and catching up with her family life. Nancy has always-at least as long as I've known her- she has always deeply desired a strong inner connection to her source of wisdom. She is a loving, beautiful woman who helps many get to a place of healing. Yet, she doesn't always trust her very own guidance system and often questions her life and direction. She has given me permission to share with you what happened to her recently that resulted in what I was hearing as joy in her voice.

She said, "Vanessa, I had a dialogue with the Whisper." She continued, "You know how I often question situations in my life, I am always asking when something will happen, or whether what I am doing is the right thing to do now?" I had to tell her that I did know that she does this. You see, Nancy is one of those people who ask guidance for direction, receives an answer, and then asks more questions. She doesn't always act on guidance, and often she keeps asking more and more questions which leads to more and more confusion.

She told me she was tired of doing that. And so she had this dialogue with her guidance:

Am I to follow my guidance?

No

A bit surprised by that answer, she asked,

Am I to LEAD my guidance?

No! You ARE your guidance. BE your guidance.

Nancy said that in that moment it felt like a huge burden was lifted from her shoulders. The truth for her resonated so profoundly, and she immediately could see how she continued sabotaging following her essential whisper by using questions to keep her in a cycle on non-action.

I'd like you to know why I feel this is such an important message not just for Nancy but for all of us who deeply desire an inner connection to source wisdom, but don't always trust or follow the internal messages received and so sabotage our very own heartfelt desires. What Nancy discovered is that she perceived inner guidance as a thing outside herself. LaRue and I use the words recognize, trust and follow inner guidance. These words may lead you to perceive that inner guidance is outside of you,

but that isn't true. The inner sensations of inner guidance, those feeling of joy, presence, peace, openness, energy, and alignment are YOU at the core of your being.

And that's the truth Nancy recognized. You are never asking questions of an entity outside of you. Essential questions arise from the very heart of you willing you to recognize the truth of your being. You are the questioner and You are the answerer.