

WEEKLY WHISPER SCRIPT

August 23, 2010

LaRue and I have sent out over 150 weekly Whisper messages over the past 3 ears. And during that time there have been just a handful of times that I did not know what the message would be as I sat at the computer to record. And today was one of those times. So I sat here and waited. Within moments, I felt urged to use muscle testing and was taken to page 118, 2nd paragraph of Your Essential Whisper. It reads:

You can listen internally to the sensations of guidance even though the mind chatter is still going on. The Whisper is very distinct and continues to speak to you even amidst the fearful noise in your head...

And there it was; Snapshot. Click. As it turns out I am the living example for the message today. Earlier I was sitting by the pool writing out some plans and goals I have. While writing I felt very energized and aligned. Yet fearful thoughts appeared. *Do I really want to do this? Can I do this?* These old, habitual thoughts swirled around trying to take hold. And I have to admit they were very effective in moving my attention away from my vision.

So it seems the message is a reminder. Does this happen to you? As soon as you begin to contemplate your passion and goals, the ones you are drawn to and feel energetically aligned with, that inevitably you also feel the fear and think of all the reasons why you are incapable of carrying out your vision. When we move toward our life purpose, we'll bump up against our life challenges as well. Your life purpose and your life challenges are a package deal. Your life challenges will be the thoughts, perceptions, and experiences that contradict your heartfelt desires and core life mission.

This week's message is that even with the fearful noise in your head the distinct sensations of guidance can still be felt and discerned.

The key is to remember that these thoughts are NOT your enemy or some subversive subconscious conspiracy to keep you imprisoned. It's just simply part of the package. Yet becoming practiced in discerning the sensations of guidance will always keep you on track and moving toward the manifestation of your innermost vision.

After reading the paragraph that says the Whisper continues to speak to you even amidst the fearful noise in your head, I remembered the feeling of energy, alignment and joy I was feeling as I wrote this morning. That was the Whisper. That was the guidance that says you are on the right track.

Bye for now.