

## **Weekly Whisper Script**

### **December 21, 2009**

For the little girl, the holidays were different than the rest of the year. The feeling of joy in the air was so real that it could be sliced with a knife. “Why can’t it be that way everyday?” the little girl wondered to herself even though she didn’t really know what IT was.

Forty years later she’s now a woman and realizes that IT was the SPIRIT of Christmas that she was *feeling* back then and that IT had little or nothing to do with the boxes and bows she was unwrapping. It was the kindness, togetherness, and connection that meant so much to her.

She noticed that people, even the grumpy ones, were unusually cheerful on Christmas day. And with all the hugs and laughter, sights and sounds, smells and tastes, the little girls’ five physical senses came ALIVE and the cells in her body danced with glee! She, and the adults around her, was fully engaged in life on that one day of the year. She also now understands that people were in the process of creation during the holidays, not just existence. THAT was what made the girl and those around her feel fully alive!

I’d like to end with a story about an old Cherokee chief teaching his grandson about life. May this story serve you well. I read this story recently in the book entitled *The Three Laws of Performance* by Steve Zaffron and Dave Logan.

“There is a terrible fight going on inside of me”, the old Cherokee chief told his grandson. “The fight is between two wolves. One of the wolves is Evil- he is fear, anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, self-doubt, and ego. The other wolf is Good- he is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith.”

He went on to tell his grandson that the very same fight is going on inside each and every one of us. After contemplating what his grandfather had said the grandson asked, “Which wolf will win?” The old chief simply replied, “The one you feed.”

What will you feed this holiday season? Will you feed love and connection even when you are with people you’d prefer not to be with? Will you feel hope, truth, and compassion?

Feed the voice of Goodness and you will clearly hear the Whisper.

Listening FOR and TO the voice of love, the Whisper, will pave the way for the most miraculous days ahead and the year to come.

Vanessa and I wish for you the happiest of holidays yet!